

Preschool

Interactive Guide

Includes printable sample lessons!

Welcome!

If you are new to CHC, or new to homeschooling, welcome! If you aren't sure of how this adventuresome path begins, we invite you, with this Preschool Guide, to sample a "taste" of CHC's gentle approach to gain confidence that, as it has for thousands of other families, the CHC approach will work for you, too. Within this guide you'll find a virtual "tour" of those special and well-loved materials which are written by experienced homeschool parents and distributed exclusively by CHC.

Did you know that we homeschool, too? Do we understand what it's like to feel pressed for time to fit in all the tasks that go along with being wife, mother, homemaker, and homeschooler? You bet!

Our years of homeschooling, preschoolers to high schoolers, have led to the development of academically solid materials that are time-proven to enrich the homeschooler, both academically and spiritually, *without being burdensome to mom or students.*

In fact, it is CHC's philosophy that *homeschooling should be a joyful, natural offshoot of parenting and family life, not a "weight" to be dragged along the path throughout childhood!* CHC lifts the burden, but keeps the family on the path.

During our schooldays, our family marvels at God's loving guidance, resulting in the academic and spiritual growth that we have seen in our children over the years. Like you, we look forward to more of those *aha!* moments when the spark of understanding flashes in wide eyes, when the excitement of discovery bursts into shared smiles and bubbles throughout the family.

We are grateful, not only for the business interactions that we have with you, our "CHC family," but the dear friendships and mutual support that have developed between us. It is our prayer that we can continue to serve you, as all of us, the entire "CHC Family," work together to win Heaven, educating for eternity.

Your CHC Family

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Please note: These sample pages are provided for review purposes only. Sample pages are not complete lessons. View more product details and reviews @ www.chcweb.com. All content is copyright © 2021 Catholic Heritage Curricula. • 1-800-490-7713

CHC Typical Course of Study
Preschool

LANGUAGE ARTS
- Letter recognition: A–Z
- Short vowel sounds
- Foundations in Literature: Nursery Rhymes & Poems, Animal/Nature Stories, and Fairy Tales

MATH READINESS
- Number recognition: 1–10
- Reading and writing numbers 1–10
- Number matching and grouping
- Number patterns
- Shapes: circle, square, triangle, rectangle, and oval

RELIGION
- Basic introduction to the doctrines of the Catholic Faith
- Application of the truths of our Faith in our daily life
- Participation in the life of the Church and liturgical seasons
- Bible History: introduction to salvation history and the life of Christ

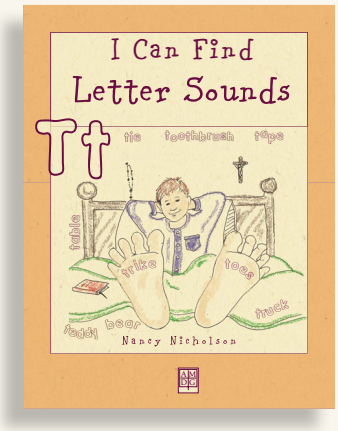
CHARACTER FORMATION
- Obedience, Honesty, Cheerfulness, Helpfulness, Generosity, Thankfulness, and the Golden Rule

FINE ARTS
- Introduction to art masterpieces
- Beauty, composition, color, and line
- Music: exposure to systematic variety of meters, tonalities, styles, and languages

Preschool Materials Guide

TITLE	CONSUMABLE	NONCONSUMABLE*
CORE SUBJECTS		
I Can Find Letter Sounds	✓	
My Book House: In the Nursery		✓
Bedtime Stories		✓
I Can Find Numbers and Shapes	✓	
God's Love Story	✓	
Who Am I? Preschool Workbook B	✓	
Who Am I? Preschool Teacher's Manual		✓
DAILY LESSON PLANS		
CHC Lesson Plans for Preschool	✓	
Included: Play to Learn Appendix		
NON-CORE SUBJECTS		
Building Good Character, Level A	✓	
Art Masterpieces: ABC Collection Booklet		✓
Art Cards: ABC Collection		✓
Making Music Praying Twice		✓

*Denotes a non-consumable title. May be used by more than one student, and often for more than one grade level.

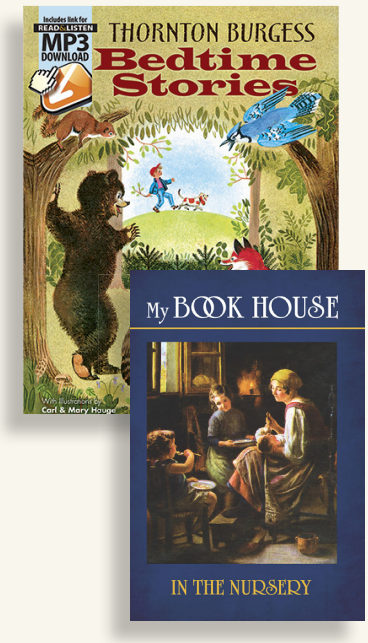


Language Arts : : Reading and Writing Readiness

I Can Find Letter Sounds is a colorful, pre-writing workbook that introduces the preschool child to letter shapes and sounds through a coloring-book format and multi-sensory learning activities. Hands-on activities include Active Learning Games, making decorated alphabet cards, and searching for objects that start with the featured letter sound—both around the house and in the full-color Image Bank provided in the back of the workbook. These multisensory activities spark interest and improve retention by engaging as many senses as possible in an active, hands-on fashion.

Please note that only short vowel sounds are used in this workbook, in order to avoid confusing the child with two different sounds for the same letter. Long vowel sounds are introduced at a higher level, in *Little Stories for Little Folks: Catholic Phonics Readers*.

Samples: • Sample from Week 2: Letter B, pages 6–7

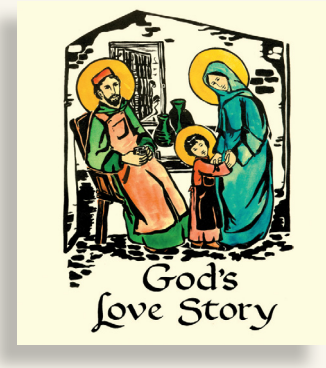


Language Arts : : Foundations in Literature

Reading aloud to your preschooler is crucially important because it develops his vocabulary, imagination, love of reading, understanding of cause and effect, and moral sense.

The wide range of rhymes, poems, and stories in *My Book House: In the Nursery* and *Bedtime Stories,* in addition to recommended favorite fairy tales, provides a solid foundation in literature.

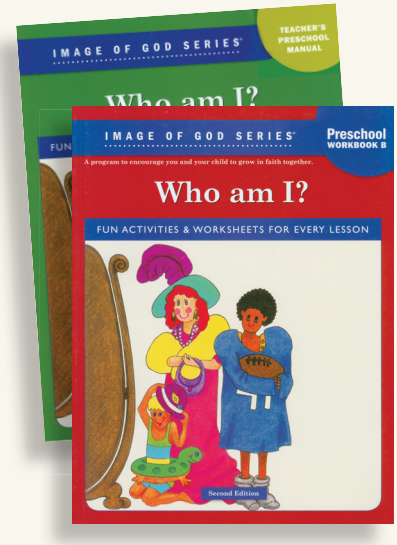
Samples: • Sample Rhymes from *My Book House: In the Nursery*, page 8
• Sample pages from *Bedtime Stories*, page 9



Religion : : Bible History

God's Love Story provides an excellent introduction to salvation history and the life of Christ. The inspiring text begins with Creation and brings a young child through to Pentecost, revealing the wonder of God's love for each of us. The gentle illustrations can be colored by your child after each reading.

Samples: • Sample from Week 1, Creation, page 10

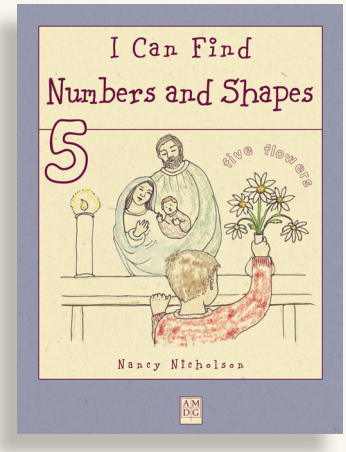


Religion : : Catechism

The *Who Am I? Workbook B & Preschool Teacher's Manual* stresses the dignity of each individual as a person made in the image of God. The material in each lesson revolves around fundamentals of our Faith stated in terms young children can understand and remember.

Worksheets can be used after the Lesson to aid the child's retention of the lesson and to help the child relate the theme to his daily life.

Samples: • Excerpts from Teacher's Manual, page 11
• Sample worksheet, page 11



Math Readiness

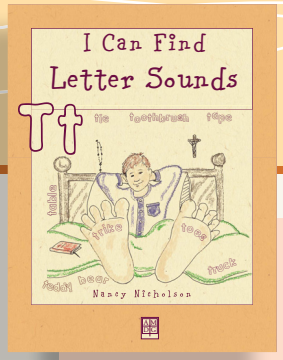
I Can Find Numbers and Shapes is a colorful workbook that introduces the preschool child to numbers, shapes, and patterns through a coloring-book format and multi-sensory learning activities. Hands-on activities include Active Learning Games, making decorated number cards, searching in the full-color Image Bank for pictures with the right number of objects, and sorting number/shape tiles to practice numbers, shapes, and patterns. These multisensory activities spark interest and improve retention by engaging as many senses as possible in an active, hands-on fashion.

Samples: • Sample from Week 5: Number 5, pages 12–13

B b



Bb



This "ready for learning" pre-reading and writing workbook uses a "living learning" approach that requires little parental involvement, yet goes beyond the workbook into hands-on activities that involve the child.

Blessed Mother, I am you

B b B

I can find things that start with the sound of B b.

- ☐ banana
- ☐ bowl
- ☐ baby
- ☐ buttons
- ☐ bat
- ☐ ball
- ☐ books
- ☐ bread
- ☐ bathtub
- ☐ Bible
- ☐ bird
- ☐ boy

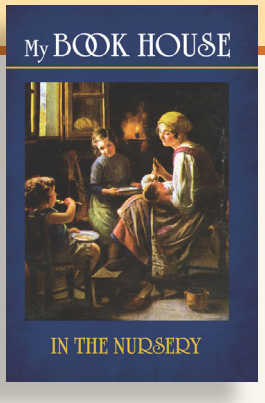
To the Parent:

The child may cut and paste a photo of *brother* or *baby* in the fourth "I Can Find" box.

I Can Find...









Three Little Kittens

THREE little kittens lost their mittens,
And they began to cry:
"Oh! Mother dear,
We sadly fear
That we have lost our mittens."

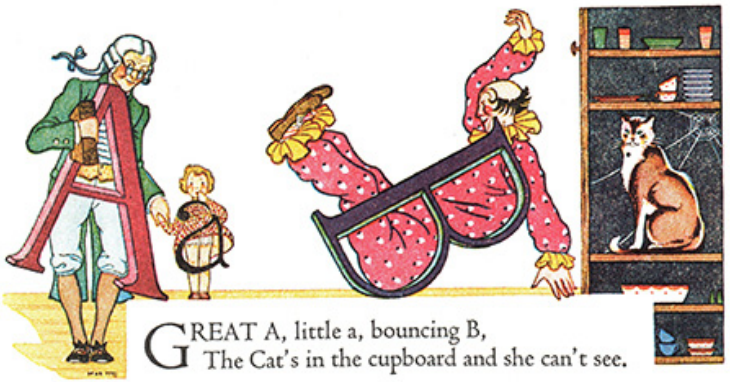


"Lost your mittens,
You careless kittens!
Then you shall have no
"Mia-ow, mia-ow, mia-
"No, you shall have no p
"Mia-ow, mia-ow, mia

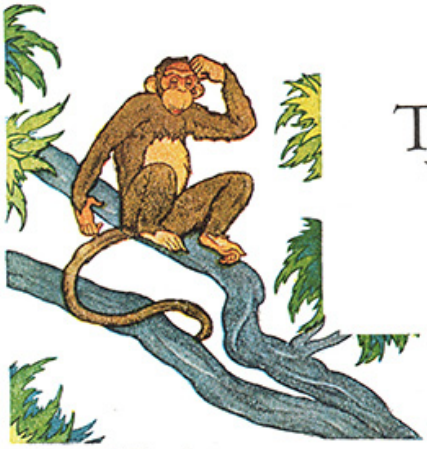
The three little kittens found their mittens,
And they began to cry:
"Oh! Mother dear,
See here, see here!
See, we have found our mittens!"



"What, found your mittens,
You good little kittens!
Then you shall have some pie."



GREAT A, little a, bouncing B,
The Cat's in the cupboard and she can't see.



THERE was a monkey
climbed a tree;
When he fell down,
then down fell he.



A LITTLE cock sparrow sat on a green tree,
And he chirruped, he chirruped, so merry was he.
A little cock sparrow sat on a green tree,
And he chirruped, he chirruped, so merry was he.

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Poems by Robert Louis Stevens



OF speckled eggs the birdie sings
And nests among the trees;
The sailor sings of ropes and things
In ships upon the seas.



The children sing i
The children sing i
The organ with the
Is singing in the rain.







Grandfather Frog Gets into Trouble

GRANDFATHER FROG has a great big mouth. You know that. Everybody does. His friends of the Smiling Pool, the Laughing Brook, and the Green Meadows have teased Grandfather Frog a great deal about the size of his mouth, but he hasn't minded in the least, not the very least. You see, he learned a long time ago that a big mouth is very handy for catching foolish green flies, especially when two happen to come along together. So he is rather proud of his big mouth, just as he is of his goggly eyes.

But once in a while his big mouth gets him into trouble. It's a way big mouths have. It holds so much that it makes him greedy sometimes. He stuffs it full after his stomach already has all that it can hold, and then of course he can't swallow. Then Grandfather Frog looks very foolish and silly and undignified, and everybody calls him a greedy fellow.

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Now it happened that one morning when Grandfather Frog had a very good breakfast of foolish green flies and really didn't need another single thing to eat, who should come along but Little Joe Otter, who had been down to the Big River, fishing.

"Good morning, Grandfather Frog! Have you had your breakfast yet?" called Little Joe Otter.

Grandfather Frog wanted to say no, but he always tells the truth. "Ye-e-s," he replied. "I've had my breakfast, such as it was. Why do you ask?"

"Oh, for no reason in particular. I just thought that if you hadn't, you might like a fish. But as long as you have breakfasted, of course you don't want one," said Little Joe, his bright eyes beginning to twinkle. He held the fish out so that Grandfather Frog could see just how plump and nice they were.

"Chugarum!" exclaimed Grandfather Frog. "Those certainly are very nice fish, very nice fish indeed. It is very nice of you to think of a poor old fellow like me, and I—er—well, I might find room for just a little teeny, weeny one, if you can spare it."

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How to order
***My Book House: In the Nursery* and *Bedtime Stories*:**

Go to ***chcweb.com/Preschool*** for direct links to purchase these books from affordable sources.

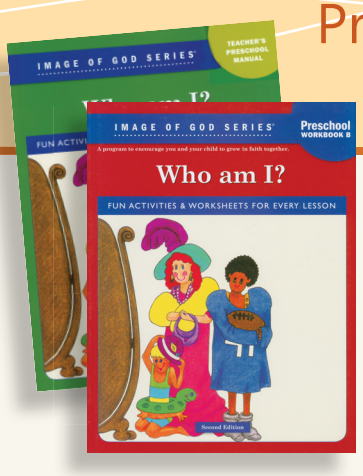




"I was impressed with all of the materials we received. We especially like *God's Love Story*. My son wanted to read the whole thing in one sitting!"

—*Sarah, Kansas*

God's heart was so full of love that He wanted to share it. He thought to Himself: "I will create people that I can love and that can love Me. But before I create them I must create a world for them to live in." So He went to work right away . . .



LESSON 5: LOVE OTHERS AS GOD LOVES YOU

LESSON PRESENTATION

Proclamation

We should love God, and we should love others as God loves us.

LESSON EXPLANATION

Explain to the children that God loves. God loves us; God loves everyone.

Materials needed:

pictures of a bride and groom, a family, a priest, nuns in various habits, and a monk

We are made in the image of God to do what God does. That means that, because God loves us and everyone, we should [illegible] else. First, we should love God, [illegible]ers as God loves us.

[illegible]w this love for others. Some ways are big and difficult for us. Some are smaller and [illegible] we choose how we will live our lives and show our love of God and of others. We are [illegible]rs in different ways. Some people answer God's call and show their love by getting [illegible]nds and wives, moms and dads. (Show a picture of a bride and groom.)

[illegible]ow their love by being married help themselves and their families lead good lives so [illegible]appy together in Heaven someday. (Show a picture of a family.)

[illegible]t married. They answer God's call and show their love for others in different ways. [illegible]how a picture of a priest.) They share their love with all of us, helping themselves and [illegible]w and to get to Heaven.

[illegible]r God's call and share their love in another way. Some of the women live, work, [illegible]alled "sisters". (Show pictures of nuns in various habits.) The sisters teach in schools, [illegible]rishes, and take care of the poor. They show their love in many ways.

[illegible]'s call and share their love in this way. They are called "brothers". (Show a picture of [illegible]rk, and pray together, too. They show their love of God by teaching and by helping [illegible]ople choose not to marry or become priests, sisters, or brothers. They live their lives [illegible]too.

[illegible] God loves them. They are all sharing their [illegible]thers. When we love [illegible]

LESSON 5: LOVE OTHERS AS GOD LOVES YOU

Review Questions

1. **What is a temple?**
   A temple is something like a church.
2. **What did people do when they came into the temple?**
   The people put money into a basket.
3. **What was the money for?**
   The money was to help the poor people.
4. **Who gave the most money?**
   The rich man gave the most money.
5. **Whose gift showed more love?**
   The poor woman's gift showed the most love.
6. **Why?**
   Because she gave all she had, and the rich man gave only his extra money.
7. **When we show our love for others, whom are we reflecting?**
   When we show our love for others we are reflecting God.

SCRIPTURE STORY: The Stranger Who Turned into a Friend—*Workbook B*

Based on Luke 10:30–37

One day, Jesus told a story about a traveler who had been walking down a long and dusty road. The traveler was hurt and had lost all his food and money. The poor traveler could go no farther. He lay down by the side of the road. Soon a man came by carrying a bottle of water.

"Please help me", the traveler said. "I am thirsty and hurt."

But the man with the water did not stop. "I'm in a hurry", he said. Besides, you have nothing to give me for my water."

The traveler felt very sad as he watched the man walk away. The traveler wondered if anyone coming along the road would help him. After a while, a merchant passed the traveler.

"Please help me", the traveler cried.

"But I do not even know you", the merchant said. "You should ask someone you know." And off he went.

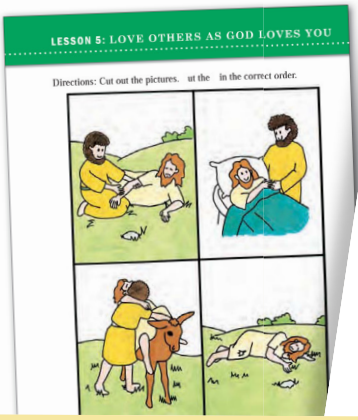
The sun was going down, and soon it would be dark. The traveler still had found no one to help him. Just then a stranger from another place came by, riding on a donkey. He saw the traveler and felt sorry for him.

"Let me help you", the stranger said. The stranger gave the traveler water to drink, and he put bandages on the traveler's bruises. The stranger let the traveler ride on the donkey.

"You can stay with me at the inn", the stranger said. "I will buy you some food to eat and take care of you."

The traveler was very happy. "You are good [illegible] loving", he said to the stranger. "I will never forg[illegible] you."

Have the children complete page 62 in Workbook B.





Click Here for more sample pages.

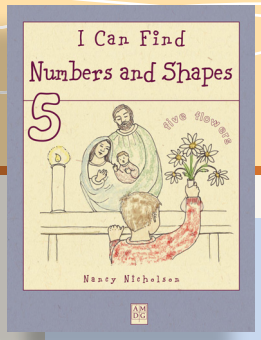
5 five 5



Five flowers...
Tony gets to go to Church.

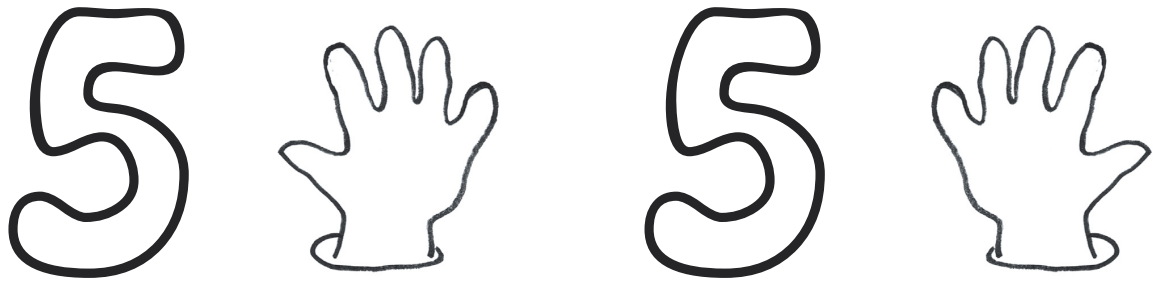


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Five loaves to feed the crowd

Read the story of the multiplication of the loaves and fishes to your child. See Matt 14:21 or a children's Bible.

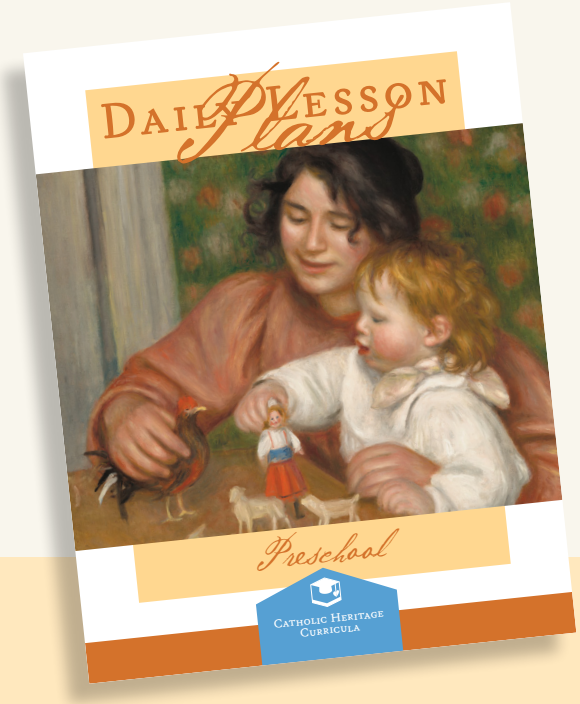


I can find 5 **[5]**. I can find this number.

I Can Find...







CHC Daily Lesson Plans: Preschool

"I have a child in 2nd grade, a child in 1st grade and a child in pre-school. With the school books from CHC, it's so easy for me to work with all of them, separately or together. They learn to work together and feel connected to each other by learning the same or similar things. So besides it being easier on me it also brings the children closer together. What a great blessing!"

—Amber, Colorado

What Are CHC Lesson Plans?

CHC Lesson Plans provide an organized and flexible framework for learning and developing specific skills. The lesson plans are laid out day-by-day, with weekly goals for those who prefer a simpler guide. These goals form a scope and sequence that builds from skill to skill, year-to-year, providing a solid foundation for your child as he progresses in his studies through the elementary, middle, and upper grades.

The lesson plans are designed around key features: flexibility, ease of use for the busy mom, incorporation of the Faith with practical living, and enrichment activities. At a glance you can differentiate between required core subjects, non-core subjects, and optional enrichment activities.

The Preschool Lesson Plans include the following special features:

- "Off to the Library" Read-Aloud List
- "Play to Learn" Appendix with educational games and activities, including:
  Dress-Up Fun
  Act It Out
  My Turn for Afternoon Snack
  Games
  Kitchen Math
  Field Trips
  Growing Up Responsible with an illustrated Chore Chart
- Charts and Certificates

The preschool lesson plans are designed for 26 weeks, four days a week.

Week 1 Goals	Preschool ☑ Monday	☑ Tuesday
LANGUAGE ARTS PHONICS ☑ *I Can Find Letter Sounds* Letter A, pgs. 2-11	Read the Introduction and the Alphabet Sounds List on pgs. 2-4. Step 1: Introduce and Color the Letter, [illegible]s on pg. 2.	Step 2: Make Alphabet Card, following instructions on pg. 2. *Ideas: Trace "Aa" with apple stickers. Child may decorate the area around the letter with pictures or stickers of animal, ant, St. Ann, ax, alligator.*
FOUNDATIONS IN L[illegible] ☑ Nursery Rhymes [illegible] ☑ Animal/Nature St[illegible] ☑ Fairy Tales	[illegible] Poems [illegible]sery [illegible] poems to [illegible] 17-19	Nursery Rhymes & Poems *My Book House: In the Nursery* Choose several rhymes and poems to read aloud. Suggested: pgs. 20-21
MATH ☑ *I Can Find Numbers* Number 1, pgs. 2-9	[illegible]s. 2-4. [illegible] the Number 1, pgs. 8-9. See instructions on pg. 2.	Step 2: Make Number Card, following instructions on pg. 2.
RELIGION BIBLE HISTORY AND CATECHISM ☑ *God's Love Story* Creation, pgs. 1-2 ☑ *Who Am I? Preschool B* Lesson 1: The Blessed Trinity Teacher's Manual: pgs. 1-5 Workbook B: pgs. 53-54	*God's Love Story* Read and discuss pgs. 1-2. Child may color the picture. *Who Am I? Preschool B* Teacher's Manual: Prepare for this week's lesson by reviewing pg. 1.	*Who Am I? Preschool B* Teacher's Manual: Present pg. 2. [illegible] pg. 5. [illegible] as
☑ *Building Good Character, Level A* ☑ *Art Masterpieces: ABC* ☑ Play to Learn ☑ Off to the Library!	*Building Good Character, Level A* Read pgs. 1-2. Introduce your child to the character goal for this month: obedience.	[illegible]on Teaching Booklet: read the Introduction on pgs. 1-3 and complete "Art Activity A" on pgs. 6-7.
MUSIC ☑ *Making Music Praying Twice*	Enjoy a 15-minute instructional session; see Parent Manual for full lesson plans.	Enjoy a 15-minute instructional session.
☑ Daily Practice Work	Days of the Week / Months of the Year	Counting / Skip Counting (count by 2's and 5's)

Weekly goals are listed in the left-hand column and are easily checked off as completed. Use this alone as your lesson guide if you prefer not to utilize the day-to-day lesson plan.

At a glance you can differentiate between required Core subjects (shaded) and Non-Core subjects (un-shaded).

Homeschool Park Day:
Wednesday at noon



Non-Core Subjects: : Art Appreciation

Art Masterpieces: ABC Collection is designed to lay an early foundation for art appreciation. The program consists of 26 full-color fine art cards and an accompanying Teaching Booklet with detailed picture studies. The paintings have been chosen with the goal of instilling in a child an interest in beauty, composition, color, and line. The art cards feature the work of artists such as Renoir, Murillo, El Greco, and Van Gogh and are sized for small hands to study and manipulate. To complement the other topics a child is learning at this age, the art cards and picture studies also reinforce the alphabet, colors, shapes, and numbers.

Sample Art Cards: A, B, and C



Why teach art appreciation?

The most fundamental answer is that the experience of beauty in art helps to form the mind and heart for the pursuit of truth and goodness. As Prof. John Crosby has said, "the child who is raised to respond to the beautiful is thereby sensitized to all that is good and right and worthy." Taking time to expose our children to great art gives them the opportunity "to contemplate the ray of beauty that strikes us to the quick, that almost 'wounds' us, and that invites us to rise toward God" (Benedict XVI).

A

Art Activity

Before you begin each art activity, mix up the art cards and spread them out. Model the letter sound of the card you are working on, then have your student find the art card that best represents that letter. Let's begin with the letter A.

Model the letter sound of "A" as in "apple." Ask the child to find the art card with something that starts with the "A as in apple" sound. [alligator]



1. *Muddy Alligators* (1917)
watercolor on paper
John Singer Sargent (1856-1925)
Realism/Impressionism

About the Artist:

John Singer Sargent was a famous American artist who lived about a hundred years ago. He painted animals, landscapes, and other scenes from all ove the world.

Click Here to view the Teaching Booklet's Table of Contents.

Art Discussion:

Count the number of alligators. [6]

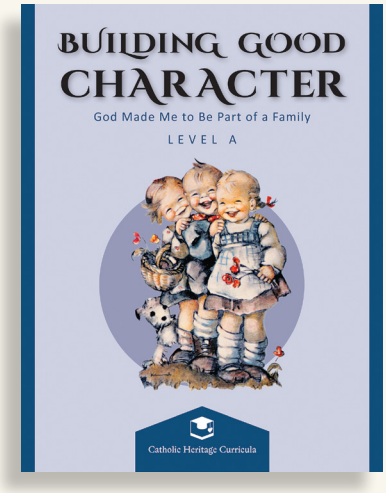
Name some of the colors the artist used in this painting. [green, blue/purple, orange/brown, gray] The artist used warm brown and orange colors to make the scene look hot. In the shady areas he used the cool colors of blue and purple.

Look at the curves of the alligator's bodies and trace over them with your finger. Imagine how rough and bumpy they feel!



Now look at the straight trees. Can you see the trees reflected in the water? Notice how different the fat, curvy, lazy alligators look compared to the straight trees. Artists use different shapes to add interest to their paintings.

The artist named this painting, "Muddy Alligators." Do you like the title or would you name it something different? How about "Scary Smiles" or "Waiting for Lunch"?



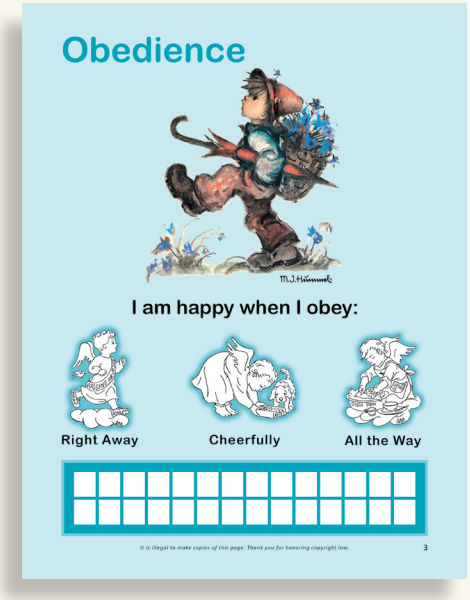
Non-Core Subjects : : Character Formation

The use of Character-Building Cards is a positive way to reinforce good behavior and the practice of virtue and courtesy in young children. The cards in *Building Good Character, Level A* feature the endearing art of Sr. Maria Innocentia Hummel, a world-famous German Franciscan Sister and artist from the 1930s and 40s.

This course includes 7 full-color Theme Cards, 18 Angel Antic Coloring Pages, and a Certificate of Achievement. The colorful Theme Cards and coloring pages help children visualize how to practice virtue and courtesy in the family. Themes covered are Obedience, Honesty, Cheerfulness, Helpfulness, Generosity, Thankfulness, and the Golden Rule.

How to use *Building Good Character, Level A:*

Once a month, post a new Theme Card in a prominent place. Throughout the month, be generous in applying stickers to the card when you see your child putting the character goal into action. At the end of each week, reward your child with a small treat or privilege for practicing good behavior. At the beginning of each of the three remaining weeks of the month, have your child color one of the "Angel Antics" coloring pages. These coloring pages reinforce the Theme Card by gently reminding the child how he can continue practicing the character goal of the month.



Sample monthly Theme Card: Obedience



Sample Angel Antic Coloring Page: "I obey the first time I am told."



Non-Core Subjects : : Music

Making Music Praying Twice, developed by homeschooling parents John and Kate Daneluk, allows you to do **real early childhood music and movement education** at home, preparing children for future formal music studies and developing a lifetime love of music and prayer. *Making Music Praying Twice* exposes the growing mind to a systematic variety of meters, tonalities, styles, and languages. Five seasonal and liturgical Music CDs feature professional music from various cultures alongside simple *a cappella* pieces and more complicated vocal and instrumental folk ensembles. The Parent Manual includes detailed daily and weekly lesson plans for the entire school year as well as instructions for making an "unstructured music education plan" for your child.

Purchase directly from the producer
@ ***makingmusicprayingtwice.com.***