

# Activities for Toddlers and Preschoolers

- ☐ Let him "wash" the windows. Simply give him a squirt bottle with water and a dishtowel. This is not pretty for your windows, but it can buy a lot of time!
- ☐ Make him a mailbox (tissue box works well). Put all that unwanted junk mail into his mailbox for him to go through in the morning. Then let him practice scissor skills on the junk mail.
- ☐ Collect favorite rocks from the yard or park to wash with a toothbrush in a plastic tub.
- ☐ Get him a child-sized broom so he can help sweep the kitchen floor.
- ☐ Ask him to dust the baseboards with a damp paper towel.
- ☐ Bring out various chairs and blankets for him to play fort.
- ☐ Place a shallow container on a towel on the floor. Add water, boats, plastic fish, measuring cups, etc.
- ☐ Draw roads, houses, etc. on large paper or cardboard. Invite him to use cars and trucks on it. For a larger "race track," use masking tape on the floor.
- ☐ Pop popcorn and let him string them with a dull needle and thread for the birds to eat.
- ☐ Put rice and beans in a bin with some props (spoons, cups, funnel, cars and trucks). This is an example of a sensory bin. An online search will turn up dozens of different sensory bin ideas.



- ☐ Make your own lacing cards with cardboard, a hole punch, and a shoelace.
- ☐ Make some fish out of construction paper. Put paperclips on them. Make a fishing pole with a stick, string, and magnet.
- ☐ Put together busy bags: bags containing simple activities that a toddler can do independently. Search online for "busy bag" to find hundreds of ideas. You might even consider organizing a busy bag swap with other local moms (homeschooling or not).
- ☐ Kumon *First Steps Workbooks* are inexpensive, engrossing, and develop fine motor skills. *Let's Fold!* and *Let's Cut Paper!* are favorites. Consider saving them for special occasions when you desperately need an uninterrupted 15 minutes.
- ☐ Water color with food coloring, eye dropper or paint brush, coffee filter.
- ☐ Paint with food coloring in water with a Q-tip
- ☐ A large box. They'll know what to do!



# More Activities

We try to keep this list of activities up to date; please let us know if you find a broken link.

- ☐ Pizza Shop Pretend Play: <https://frugalfun4boys.com/pizza-shop-fine-motor-activity-preschoolers>
- ☐ Planting Flowers Sensory Bin: <https://frugalfun4boys.com/planting-flowers-sensory-bin>
- ☐ Zig Zag Tape Path: <https://jdaniel4smom.com/2013/05/learning-activities-19-ways-to-use.html>
- ☐ 75 Preschool Activities: <https://frugalfun4boys.com/75-preschool-activities>
- ☐ Indoor Obstacle Course: <http://adventuresathomewithmum.blogspot.com/2013/02/easy-gross-motor-obstacle-course.html>
- ☐ Outdoor Obstacle Course: <http://adventuresathomewithmum.blogspot.com/2012/02/outdoor-obstacle-course.html>
- ☐ Sand Slime: <https://frugalfun4boys.com/how-to-make-sand-slime>
- ☐ Slime Recipes: <https://littlebinsforlittlehands.com/homemade-slime-recipe>
- ☐ Pattern Towers: <https://frugalfun4boys.com/pattern-towers-for-preschoolers>
- ☐ Dinosaur Worlds: <https://www.fantasticfunandlearning.com/dinosaur-play-worlds.html>
- ☐ Make Knox Blox: <http://www.food.com/recipe/the-knox-blox-i-remember-209226>
- ☐ Make Fake Snow: <https://littlebinsforlittlehands.com/make-fake-snow-winter-sensory-play>
- ☐ Make Oobleck: <https://littlebinsforlittlehands.com/non-newtonian-fluids-cornstarch-science-activity>
- ☐ Giant Ice Cube: <http://www.crumbbums.com/?p=2476>
- ☐ Stacking Plastic Cups and Bowling: <https://frugalfun4boys.com/vertical-bowling-with-plastic-cups>
- ☐ Muffin Tin Letter Sounds: <https://frugalfun4boys.com/muffin-tin-letter-sounds-activity>
- ☐ Sensory Bin Ideas: <https://thestay-at-home-momssurvivalguide.com/40-days-sensory-bin-fillers-oats-and-table-salt>



# Coloring Pages

- ☐ Saint Coloring Pages (filter by "Color & Draw" and "Ages 1-5"): <https://www.chcweb.com/free-resources>
- ☐ Catholic Playground Coloring Pages: <https://www.catholicplayground.com/coloring-pages/>
- ☐ The Catholic Kid Coloring Pages: <https://www.thecatholickid.com/category/catholic-coloring-pages/>
- ☐ Animals and Nature Coloring pages: <https://www.raisingourkids.com/coloring-pages/animal/>
- ☐ Holiday Coloring Pages: <https://www.raisingourkids.com/coloring-pages/holiday/>
- ☐ Bible Coloring pages: <https://www.raisingourkids.com/coloring-pages/printable/bible/>
- ☐ Dinosaur Coloring Pages: <https://www.raisingourkids.com/coloring-pages/animal/dinosaur/>
- ☐ Letter and Number Coloring Pages: <https://www.raisingourkids.com/coloring-pages/learning/>
- ☐ Trains, Trucks and Airplanes Coloring Pages: <https://www.raisingourkids.com/coloring-pages/things-that-go/>
- ☐ Sports Coloring Pages: <https://www.raisingourkids.com/coloring-pages/printable/sports/>



# Other Printable Activities

- ☐ Catholic Scissor Cutting Exercises: <https://www.thecatholickid.com/category/worksheets/preschool-kindergarten/practice-scissors-exercises/>
- ☐ Hidden Pictures: <https://activities.raisingourkids.com/hidden-pictures/>
- ☐ Color by Number: <https://activities.raisingourkids.com/color-by-number/>
- ☐ Connect the Dots: <https://activities.raisingourkids.com/connect-dot-to-dot/>
- ☐ Picture Puzzles: <https://activities.raisingourkids.com/picture-puzzle/>
- ☐ Printable Mazes: <https://activities.raisingourkids.com/printable-mazes/>

